GORSE HILL PRIMARY PESSPA (PHYSICAL EDUCATION, SCHOOL SPORT & PHYSICAL ACTIVITY) 2024

ONCE AGAIN IN 2024 WE HAVE RETAINED THE PLATINUM GAMES MARK- THE HIGHEST-GRADE AWARD POSSIBLE TO GET

The government provides £150 million per year to provide new sport funding and improve the provision of Physical Education and Sports in Primary schools.

The funding is ring fenced and can therefore only be spent on provision for PE and Sport in school. We will be held accountable for how we have used the premium to support participation and progress. The amount we were awarded this academic year for PE premium was £18,910. The amount we have actually spent is £21,750. This is due to the importance we place on the positive impact PE and School sport makes on our children's wellbeing.

At Gorse Hill Primary School, we understand and value the benefits of high-quality Physical Education and School Sports and are passionate about increasing participation levels in healthy activity both in curriculum time and out of school hours.

We believe in a holistic approach to the development of sport and physical activity for all. To raise participation and achievement for all pupils we encourage collaboration and partnership working within our local area (and further afield) to make the best use of resources and enhance PE and sports provision.

For us PESSPA is much more important than PE.

Below is our plan to raise standards and participation levels in PE and sport. Our rationale for the use of the PE Premium funding is that it must be used so that:

- All primary children benefit regardless of sporting ability
- All children are given the opportunity to compete in tournaments with other schools
- Key staff have access to training opportunities and continued professional development
- A wide selection of clubs and activities are <u>Free of charge</u> so that pupils do not miss out due to financial constraints, for external clubs the cost will be kept as low as possible
- We make use of collaborative and partnership working
- Investment in the professional development of staff (including providing cover to release staff for professional development in PE).
- setting up and running new after school clubs
- Golden Time Sports Clubs (Boys Football, Girls Football, Outside Games, Yoga, Dance) are by far the most popular one with organised intra games as well as free play for all year groups.
- supporting and engaging the least active children through new or additional sports opportunities during the school day and Leadership opportunities. We send children who struggle to access sports to special events run by Trafford.
- increasing the amount of competitive sport in which our children participate running sport competitions and increasing pupils' participation in the School Games and inter school competitions with the other schools.
- hiring qualified sports coaches to work alongside staff for short PE modules.
- forging stronger club links to enable children to continue physical activity out of school

• provide a unit of physical activity for the Year 6 children with a real 'wow' factor which they will always remember from their time and Gorse Hill and younger Year groups will look forward to taking part in

Impact: We will evaluate the impact of the PE Premium as part of our normal self-evaluation. We will look at how well we use it to improve the quality and breadth of PE and sporting provision, including increasing participation in PE and sport so that all pupils develop healthy lifestyles and reach the performance levels they are capable of.

Measuring the impact can be achieved in different ways. We will look at progress in PE as well as other areas of development such as self-esteem, confidence and the numbers of pupils involved in sporting activities in and out of school. Assessments are made both formally and informally using The PE PASSPORT as well as feedback from staff, parents and visitors to the school. We will also evaluate the impact of professional development opportunities in improving teaching and learning in PE.

Teaching

All of our PE Lessons from Year 2 – Year 6 are taught in two-hour blocks. Lessons in week 6 are Intra so every child takes part in Intra Competition. This year the last part of each lesson is also Intra, so children are taking part in Intra Class or Year games every lesson. The Primary PE Passport tool enables us to assess in every lesson. This applies to Year 1 and Reception also.

Learning Objectives are displayed where possible, when not possible are clearly referred to after the warmup and in mini plenaries. Children in the Juniors are familiar with the Primary PE Passport and how to use it.

All PE lessons are taught by qualified teachers. Mr. O'Neill teaches the majority of classes and plans and meets with other teachers who deliver their own PE.

Mr. O'Neill attends regular CPD courses which are included in school sports partnership; this year supporting staff have also been attending these courses. As a result of these, other teachers deliver Sports, Dance and Yoga sessions as part of golden time.

Mr. O'Neill spends a day every YEAR IN SUMMER TERM shadowing PE teachers at a local High School in KS3 to 'magpie' ideas to use with high achievers.

Equipment:

The premium and top up budget has enabled us to provide enough equipment, so each child has 'one each' where appropriate. To ensure every second counts and children are learning for the whole lesson it makes sense that if EVERY child is using a piece of equipment rather than waiting in line, they will make better progress. This also reduces the more able children gaining more from the lesson than the less able. The use of noodles and music in lessons has been VERY popular with the children.

OVERVIEW

Children's achievements in PE and school sports are mentioned on our twitter feed @GorseHillPE. In the newsletter and in Good News Assembly. Additionally, we have a team dedicated Sports Leaders who speak at Assembly every week and presents Latest News as well has handing out certificate and medals. Additionally, our Year 5 Leaders present the awards and news in the Key Stage One and Foundation assembly.

We have continued our partnership with schools in the Lostock Cluster as well as the Trafford SSP with Flixton Girls and Ashton on Mersey. This has enabled us to widen our offer and every year group has been able to travel and take part in Inter competition.

UA92 Partnership

In 2024 we have established a link with UA92. Mr. O'Neill helps their students with curriculum advice and together we have put on a number of festivals at Stretford Sports Village as well as given experience of teaching by regularly sending our children for multi sport sessions.

Gifted and talented

All children who are gifted and talented in PE and school sport are listed on a register. Also, these are encouraged to develop further with our club links. We have more club links now that cover a wide variety of sports.

As with any core subject, we focus on children who need extra help in basic aspects of PE and some of our dedicated TAs work with Junior Children and sports leaders work with infant children on aspects of physical literacy. School sport is also being used with individual children displaying Behaviour issues, this benefits classmates who get respite and the individuals who are shown sporting Behaviour.

Teams TAKING PART IN INTER SCHOOL SPORT

Participation is more important to us than winning. However, as a result of our children's immersion in P.E. and school sport we are becoming increasingly successful and competent.

We were current Trafford Champions Athletics for the third year running. Our Boys Football A team won the treble in 2024, The league and both cups. The Girls A team came second in both league and cup. Our Year 4 Boys A team won the inaugural UA92 cup. Also our Year 2 Football team (a mix of boys and girls) won the Manchester City Plate.

We have many teams in a huge variety of sports. We have teams from every year group-even Reception who get to compete against other schools.

We took the whole of Year 6 to take part in The Brownlee Foundation Triathlon. This is becoming an annual event now. Most schools take a small group, we take the whole year group!

Girls' Football:

This is embedded into the culture of our school. We have girls' football teams in Years 1. 2. 3. 4. 5 and 6 who play in regular competitions as well as having their own before school club on Thursdays.

Our Year 6 girls hosted a 'Let Girls Play' festival for Year 1 and 2 girls from 8 different schools at Stretford Leisure Centre. Mr. O'Neill is an FA ambassador for girls' football.

We work exceptionally hard to provide competitive opportunities for our pupils, often travelling long distances outside of school hours to ensure the highest level of competition. If Trafford doesn't have opportunities for our teams we travel to Manchester, Salford or Stockport to take part. Transport to all OF THESE events is our greatest cost by far.

Intra School Competition

Every half term at the end of a PE unit the children will take part in an Intra Year Competition. This is using all the skills learned in the unit in competitive fixtures and events in teams or as individuals against others in their year group. This is done in curriculum time to ensure ALL children get to take part on a regular basis. This culminates in Sainsbury's School Games day with Parents coming to watch (and even having their own race). We also have an Intra School Football Tournament every June at Gorse Hill Community Fun day so the local community can see what we are about.

Most of our clubs are completely free of charge to children, most clubs are organised and delivered by staff. Some are provided free of charge by associations we have close links with. Our Dinner Clubs provision by School of Sport comes from the Behaviour Budget.

Current Clubs

THIS SCHOOL YEAR WE HAVE HAD THE FOLLOWING EXTRA CURRICULAR CLUBS:

Running

Basketball

Athletics

Handball

Football

Lacrosse

Dodgeball

We asked children what clubs they wanted and catered for every single one, these were open to all age groups and were very highly attended. It has been great to put these clubs back on after two years of limiting to one year group.

Future Clubs

We listened to suggestions last year and put them on and WE WILL do THE SAME again next year.

Local Club Links

To build on enthusiasm shown in our wide variety of school sport we have forged strong club links so our children can pursue their interests. We have links with the following local clubs:

MUFC*

Trafford Metrovicks Rugby Union

Hough End Griffins Girls JFC

North Trafford Athletic JFC

Broadheath Central JFC

Urmston Meadowside JFC

Stretford Cricket Club

Lancashire County Cricket Club*

Gorse Hill Dance Studios -

West Didsbury and Chorlton JFC

We are Mancunians Handball Club

Trafford Dodgeball

Trafford Handball Club*

School of sport*

Projekts Skateboard

Manchester South End FC (a new football club set up THIS year by a parent from our school)

MANCHESTER DISC GOLF

Brooklands lacrosse club *

SALE SHARKS RUGBY UNION*

*all regularly teach units of PE in curriculum time.

For children showing outstanding potential we have a gifted and talented register and send children to represent Trafford.

School of Sport

School of Sport coaches have become an established part of the daily routine for the children. Every dinner time, the outside area is divided into active zones with a huge variety of games taking place. This greatly reduces Behaviour issues and therefore less class time is wasted following break times. We also

plan to travel to other schools they work with and play sports fixtures against them once this is possible.

Sports leaders

Our School Sports Organising Crew (SSOC) meets each half term to determine ways to increase participation and enjoyment through sport at the school. The SSOC is made up of pupils from all year groups (although the upper juniors are better represented than any other stage) and includes those who take part in school sports and those who have not engaged with sport traditionally. The main focus of these meetings is to provide opportunities to engage everyone in school sport in some way and we feel the children have better ideas than we do!

These meetings are attended by Mr. O'Neill and Mrs. Bailey.

We have 80 sports leaders in total with varying degrees of responsibility.

Here are the categories.

<u>School Sports Crew Leaders:</u> These are identified by BLACK badges and will ask all pupils issues they wish to bring up at meetings but can be approached at any (non-lesson) time if anyone has ideas about a club, local club link or even a lesson. They also distribute a survey which they produce every term. All other SSOC have yellow badges and are in the following categories:

<u>Design Team</u> are responsible for our PE Display (with a little help from Mrs. Westwood!), designing it and keeping it updated. The design team also make posters promoting clubs and events, banners and bunting for Sports day and were responsible for promoting sports relief day and wellbeing Wednesday. <u>Pupil Club Reps</u> These are children who are involved with local sports clubs at weekends or evenings and keep us updated with availability, how to join etc. our pupil club reps take part in pretty much every type of physical activity you could think of. These reps visit classes and give out flyers and speak about why children should join their club.

<u>Journalist Team</u> these are the children responsible for our PE blogs, breaking news section on PE display and updating our twitter feed @GorseHillPE. We have interviewers, writers, photographers and some in charge of video content. This year some of this content actually goes onto class blogs (and the wow blog) as well as the PE twitter feed. Football match reports were particularly popular this year

Equipment Monitors. The least glamorous, but most helpful bunch of the lot. In all classes 3-14 the **School Sports Crew Leaders** have selected 4 children to be **Equipment Monitors.** This role involves getting the lesson plans from the **School Sports Crew Leaders** and getting the equipment ready for their lesson. They must also put it away after the lesson in the PE store and then on a Rota basis during golden time make sure everything in the PE store is in the right place. These are the children you see carrying the big tubs full of equipment onto the MUGA!

<u>Ambassadors</u> These children collect any awards we may have won and are on hand to greet coaches coming in from our linked organisations or PE teachers from other schools.

<u>Team Captains</u> are responsible for getting the kit ready for their teams' matches, collected the reply slips from each player and giving them to the relevant teacher, getting the kits back after the fixtures and most importantly leading by example during fixtures and festivals.

Sports Day Crew

Usually, the final task of our SSOC before they leave for high school, the Sports Day Crew organise, plan and run the Infant Sports Day in front of parents. Following a successful experiment over the last years there will be a separate sports day for Foundation Stage including Nursery. This will follow a multi skills format rather than a competitive one and the **Sports Day Crew** will assign themselves a group each who they will coach through the activities.

Language leaders

Wherever possible, we try to assign sports leaders with other children who speak the same language at home. This is particularly beneficial when some instructions in a particular activity are difficult for them to understand.

The Year 5 Sports Crew have also been used to warm up Reception and year 1 in some of our PE lessons.

Parental involvement and community

We try to involve parents (and family in general) as much as possible in School sports. This can be participation or helping us out.

We also try to find opportunities in coaching sport for parents who have expresses an interest and feed parents into local sports clubs as volunteers. Often these local clubs will fund the parents to achieve coaching badges. We use ex pupils also in this way, additionally we educate families on healthy lunch box choices.

As with all subjects, PE now has a dedicated Subject Governor.

<u>Ashton on Mersey School Based Teacher Training Programme</u>

Mr. O'Neill has again been chosen as the PE mentor for Trainee Teachers on this course and has delivered workshops and advice to the trainees throughout this school year.

PESSPA and Mental Wellbeing

The links here are well documented and at Gorse Hill this is embedded in our curriculum and school Life. Mr. O'Neill has completed a course in Improving Children's Health through PESSPA Level 5. Additionally, Miss H Smith and Mrs. Langley have been behind mental wellbeing initiatives, the most notable being our half termly 'Wellbeing Wednesday'. Mr. Gleaves Aspirations week had lots of content from Sports coaches, dance teachers etc.

HAF scheme

Last year we offered a Holiday Club for children based on Healthy Lifestyles. This has become established now and runs at Easter, summer and Christmas. This is based on sport and nutrition and features local sports clubs, community groups and workshops from Cracking Good Food, a community cookery school. This is free of charge for our children.

Active Travel

To encourage our pupils to walk/scoot/cycle to school we have launched the WOW travel tracker. Children are rewarded with badges and the most active classes are rewarded. In addition to this, for a full day every half term, we have a Bike mechanic who repairs the children's bikes free of charge.

Olympics launch day

To launch the Olympics in Paris we teamed up with Mrs. O'Bs MFL department and put on a Breakdancing day where every class had a breakdancing workshop with Keeley from School of Sport (Breakdancing was introduced to the Olympics in 2024

Skateboarding

Projekts Manchester came in and delivered a 6-week unit to our Year 5 children, we are hoping this becomes a yearly occurrence (We also had this as a session in our summer HAF camp.)

Dance

We had Keeley from School of Sport in to deliver the dance units to our Upper Key Stage 2 child4ren

(We also had this as a session in our summer HAF camp.)

TESTIMONIALS

Our recent OFSTED inspection had a deep dive in PE and gave us great feedback.